



## COVID-19 INFORMATION & ACKNOWLEDGMENT

At GYMGUYZ, we want to let you know that we are regularly monitoring the Centers for Disease Control (CDC) and World Health Organization (WHO) for up-to-date information about COVID-19.

Please help by informing us if you have experienced any of the following:

- You've recently traveled by plane within the past 14 days;
- Live with, or have had close contact with, someone who has recently traveled by plane within the past 14 days;
- Have a fever, cough, or difficulty breathing

If any of the above applies to you, we ask that you phone your physician's office for guidance. Please let us know what your physician's office advises so we may schedule your future workout sessions accordingly.

We would like you to know that GYMGUYZ is following CDC COVID-19 guidelines for handwashing, disinfecting, and cleaning. We are also asking our team members to avoid large community gatherings and that any planned travel will follow the CDC's recommendations. Any team member who is unwell will be sent home immediately until cleared by a physician to return to work. We ask for your understanding should we need to adjust your workout schedule as a result.

Medical and public health authorities continue to research COVID-19, however, its transmittal mechanism is still unknown. We will continue to monitor the CDC and WHO websites for the latest information.

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I hereby acknowledge that to the best of my knowledge I do not fall into any of the categories listed above in **RED**.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Full Name